



# VELS



INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)  
(Deemed to be University Estd. u/s 3 of the UGC Act, 1956)  
PALLAVARAM, THALAMBUR, PERIYAPALAYAM, THIRUVANMIYUR



## **MENTORING AND COUNSELLING SUPPORT FOR DIFFERENTLY ABLED PERSONS AT VISTAS**

Vels Institute of Science, Technology & Advanced Studies (VISTAS) is committed to fostering an inclusive, equitable, and empowering academic environment for all its stakeholders. As part of this commitment, VISTAS has established a Support Services Committee for Differently Abled Persons, comprising a Convenor and dedicated members from diverse academic and administrative backgrounds. This committee plays a pivotal role in mentoring, counselling, and facilitating a barrier-free environment for differently abled students and faculty members.

The committee functions as a central support system to address the academic, emotional, psychological, and social needs of differently abled individuals on campus. With a strong focus on empowerment, the members actively engage in mentoring activities that inspire confidence, promote self-reliance, and encourage active participation in academic and extracurricular pursuits. The mentoring framework is designed to identify individual challenges and provide tailored guidance to help students and faculty achieve their full potential.

One of the key responsibilities of the committee is to create awareness and sensitivity within the campus community regarding inclusivity and accessibility. Through regular interactions, workshops, and awareness programs, the committee promotes a culture of empathy and respect. Special emphasis is given to ensuring that differently abled individuals feel valued, supported, and integrated into the mainstream academic environment.

The committee also plays a significant role in addressing issues related to women, particularly differently abled women students and faculty members. It works towards creating a safe, respectful, and enabling work and learning environment. By addressing gender-specific challenges and ensuring equal opportunities, the committee contributes to the holistic development and well-being of all individuals.

Counselling services form a cornerstone of the support system at VISTAS. Students and faculty members are encouraged to attend counselling sessions to discuss a wide range of concerns, including personal, academic, emotional, and social challenges. These sessions are conducted in a confidential and non-judgmental environment, allowing individuals to express themselves freely and seek guidance without hesitation.

The counselling process is designed to be empathetic and solution-oriented. Professional counsellors and trained faculty mentors provide individualized attention to each participant. They

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help individuals explore their thoughts and emotions, understand their strengths and limitations, and develop effective coping strategies. This process not only addresses immediate concerns but also equips individuals with the skills needed to handle future challenges with resilience and confidence.

Confidence-building is a key focus area of the mentoring and counselling initiatives. Many differently abled individuals may face self-doubt or social barriers that hinder their growth. Through motivational sessions, peer support groups, and interactive workshops, the committee fosters a positive mindset and encourages self-belief. These initiatives help individuals overcome inhibitions, improve communication skills, and actively participate in academic and social activities.

In addition to emotional and psychological support, the committee also assists in academic mentoring. Students are guided in managing their coursework, improving study techniques, and accessing necessary academic resources. Faculty members are also supported in adapting teaching methodologies and leveraging assistive technologies to enhance learning outcomes for differently abled students.

The committee ensures that all support services are easily accessible and effectively implemented. Regular feedback is collected from students and faculty to assess the impact of the initiatives and identify areas for improvement. This continuous evaluation process helps in refining the support mechanisms and ensuring that they remain relevant and responsive to the needs of the community.

Furthermore, the committee collaborates with various departments and administrative units to ensure that infrastructure and facilities on campus are disability-friendly. This includes accessibility measures such as ramps, assistive devices, digital support systems, and inclusive classroom environments. Such efforts reinforce the institution's commitment to providing equal opportunities for all.

In conclusion, the mentoring and counselling support system for differently abled persons at VISTAS reflects the institution's dedication to inclusivity, compassion, and excellence. By providing comprehensive support that addresses academic, emotional, and social dimensions, VISTAS empowers differently abled students and faculty members to overcome challenges, build confidence, and achieve their aspirations. The proactive efforts of the committee ensure that the

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campus remains a nurturing space where every individual is respected, supported, and given the opportunity to thrive.

## GUIDANCE AND COUNSELLING ROOM FOR DIFFERENTLY ABLED PERSONS



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## MEMBER GIVING MENTORING & COUNSELLING TO STUDENTS





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## MEMBER GIVING MENTORING & COUNSELLING TO WOMEN FACULTY



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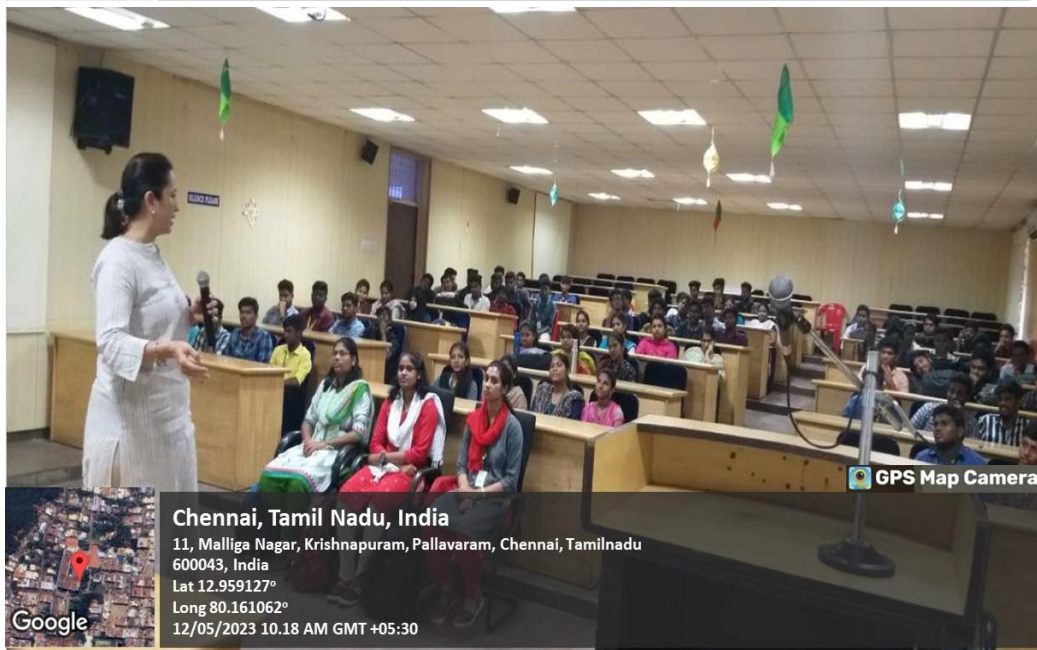
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## COUNSELLOR ADDRESSING THE STUDENTS





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## MEMBERS RECORDING THE PROBLEMS OF DIFFERENTLY ABLED STUDENTS FOR PROVIDING PERIODIC GUIDANCE AND COUNSELLING



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