Title of the practice

Assistance towards Holistic Student Development

Objectives of the Practice

Intellectual Development:

To equip students with the analytical and critical thinking, foster creativity, and hone problemsolving abilities, enabling them to devise innovative solutions for both professional advancement and continuous lifelong learning.

Social Development:

To enhance the quality of life and ensuring equitable access to education, and healthcare; Exposure to social issues, and working on probable solutions, the students are exposed to the diverse social structure and their issues, particularly in the neighbouring areas, through the initiatives like NSS.

Physical Development: To promote physical fitness, improve motor skills, fostering Teamwork and collaboration, develop strength & endurance and cultivate healthy habits for a lifetime.

Emotional Development:

To foster the acquisition of emotional intelligence, social skills, Life skills, self-esteem & self-confidence, empathy & compassion to enhance their personal and academic success.

The Context

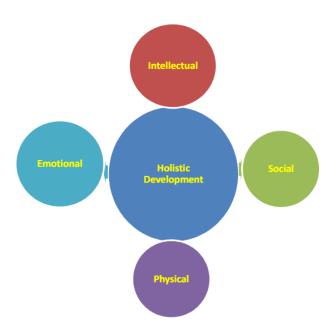
In today's rapidly changing world, the role of education extends far beyond the traditional academic curriculum. As educators, parents, and policymakers recognize the importance of nurturing the whole child, there is a growing emphasis on holistic development in institutions and communities. Holistic development encompasses not only intellectual growth but also physical, emotional, social, and moral dimensions.

The Institute boasts a diverse student population, with a significant portion hailing from households where academic success isn't emphasized, leading to weaker English language proficiency and communication skills. Conversely, there are exceptionally talented students who excel academically and require both support and opportunities for further growth to broaden their horizons. Moreover, the institution prioritizes the continuous professional development of its academic staff. Consequently, the Institute is dedicated to fostering the holistic development of all its stakeholders.

The Practice

To ensure an overall development of students, the institution took up four bases for student's development.

- 1. Intellectual Development
- 2. Social Development
- 3. Physical Development
- 4. Emotional Development



These four bases are achieved by the following the below mentioned practices

- 1. Student Scholarship
- 2. Provision of Soft Skill and Placement Training to all students
- 3. Yoga
- **4.** Career Guidance for higher education
- **5.** Counselling to students through student counsellor
- **6.** Invited talks
- **7.** VRF to Research Scholars
- **8.** AVISHKAR- Intra University Technical & Science Expo to showcase the patentable ideas of the student
- **9.** Value added courses for all students
- **10.** Student mentoring through Mentor mentee system
- 11. Driving license to students



Intellectual Development

- Soft skill & Placement training
- Career Guidance for Higher Education
- Value Added Courses (VAC)
- Vels Research Fellowship (VRF)



Social Development

- AVISHKAR Intra University Technical & Science Expo
- Student Scholarships
- Felicitation to provide Driving License



Physical Development

- Yoga
- Sports Facilities
- Intra University Annual Sports Meet



Emotional Development

- Student Mentoring (Mentor-Mentee system)
- Counselling to students through student counsellor
- Invited Talks
- Alumni Knowledge Sharing

Evidence of Success

- 1. Student Scholarship (17,393 students benefited for the last five years)
- 2. All the students are provided with Soft Skill and Placement Training
- **3.** Yoga (The International Yoga Day is celebrated every year in addition to the regular yoga classes and other yoga related Workshop on Yoga for Physical Health, Mental Health and Success.
- **4.** Career Guidance to students for higher education (Nearly 60,000)
- 5. Counselling to students through student counsellor
- **6.** Invited talks (Nearly 400)- allow speakers to share their expertise, research findings, or innovative ideas with a broader audience. This dissemination of

knowledge contributes to the advancement of the field and fosters learning and discussion among students.

- 7. VRF to Research Scholars (124)
- **8.** AVISHKAR an event to showcase the patentable ideas of the student conducted annually
- **9.** Value added courses for all students-to enhance their skills in the respective fields by conducting the modules with industry partners
- **10.** Student mentoring through Mentor mentee system in the ratio of 1:25 (staff: students). Staff and student one to one interaction happens twice a month and minutes recorded in Mentor-Mentee Note
- **11.** Driving license to students-facilitates and motivates the students to drive vehicles with proper documents and safety measures.

Problems Encountered and Resources Required

Problems Encountered

In some activities there is a limitation on the intake of student participants which poses a hindrance owing to the enthusiasm of the students.

Convincing the parents of the female students to participate in outreach programs is a challenge. Though, to a certain extent it has been met due to regular and healthy interaction with the students and parents.

Managing academic schedule along with the social activities like visits, survey of villages is difficult for the students especially in science and computer science faculty due to theory and practical timings.

While conducting the special career guidance for higher education courses available in foreign countries, there was a difficulty faced in communication initially as the students had completed their earlier education in their regional language

Resources required

- i) Sensitization lectures for the students to make them aware of the social extension activities and their impact on society
- ii) Sensitization lectures by the heads of the department and other senior faculty to emphasize on the need of these activities for the development of student.
- iii) Motivating student to participate in all these activities in huge numbers.