



DEPARTMENT OF PHARMACY PRACTICE

CARDIO PULMONARY RESUSCITATION HANDS ON TRAINING.

27TH SEPTEMBER 2022

According to American Heart Association CPR – or Cardiopulmonary Resuscitation – is an emergency lifesaving procedure performed when the heart stops beating. Immediate CPR can double or triple chances of survival after cardiac arrest. Students of Pharm.D III Year were taken to VELS Medical College & Hospital, Uthukkottai Taluk situated at Tiruvallur district for a hands on training for Cardio Pulmonary Resuscitation. The students were first given a questionnaire sheet in which they were asked to answer few MCQ questions related to CPR before commencing the CPR training to test their existing knowledge about CPR. Dr.Sasikumar then explained about the steps involved before starting CPR. He then meticulously taught how to observe CAB (Compression, Airway, Breathing) and things to pay attention to while performing CPR. Later the students were taken to training rooms and they practiced what they were taught on human models. The students actively participated in the training and learnt how to stay calm & perform CPR in emergency situations. The students were then given the same MCQ questions as before and the scores acquired before and after the training were compared. The students had a wonderful & informative day where they learned the importance of saving a life through CPR.

