



VELS

MEDICAL COLLEGE & HOSPITAL

Under VELS INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)

(Deemed to be University Estd. u/s 3 of the UGC Act. 1956)

Uthukottai Taluk, Tiruvallur District - 601 102

www.velsmedicalcollege.com



DEPARTMENT OF COMMUNITY MEDICINE

FAMILY ADOPTION PROGRAMME



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



COMMUNITY MEDICINE - FAMILY ADOPTION PROGRAM

Community Medicine provides Promotive, Preventive, Curative and Rehabilitative healthcare for an entire community with an emphasis on preventative measures at various levels. Community medicine takes an active role in maintaining the well-being of a particular community, considering their needs.

Community engagement gives medical students a first-hand experience of the living conditions of the people they encounter as patients in the hospital. The specialty of Community Medicine serves the dual purpose of benefitting the medical students, as well as the community which the institution has adopted.



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



COMMUNITY MEDICINE - FAMILY ADOPTION PROGRAM

The National Medical Commission (NMC) has mandated Family Adoption Programme (FAP) for MBBS students from 2022. Every student is to be allotted three to five families. The student is expected to establish rapport, understand their health and related factors, and help improve the healthcare of the family, and by extension, the community. Thus it is expected to help in achieving Universal Health Coverage.

FAP brings its challenges and opportunities. It is a very challenging task to implement this program by allotting families to each student and sustaining the follow-up throughout the undergraduate period.



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



COMMUNITY MEDICINE - FAMILY ADOPTION PROGRAM

Objectives of Family Adoption Programme:

- Orient the learner towards primary health care
- Create health related awareness within the community
- Function as a first point of contact for any health issues within the community
- Act as a conduit between the population and relevant health care facility
- Generate and analyze related data for improving health outcomes and Evidence based clinical practices.



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



- **VMCH is organizing a noteworthy event – a general at the heart of Aathupakkam village.**
- **This compassionate initiative is set to take place from 9 am to 2 pm.**
- **Beneficiaries of events are 112 (68 males and 44 females). Each individual screened for Hypertension and diabetes. And around 14 members were referred to VMCH.**
- **A free health check up was organized by VMCH at Eeuguvaripelam village.**
- **This compassionate initiative is set to take place from 9 am to 2.30 pm. Beneficiaries of events are 98 (12 males and 86 females).**
- **Each individual screened for Hypertension and diabetes. And around 21 members were referred to VMCH.**
- **The patients were also provided with free medicines.**



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



- **A free general and ophthalmology health check up was organized by VMCH at Kakkivakkam village.**
- **This compassionate initiative is set to take place from 9 am to 2.30 pm.**
- **Beneficiaries of events are 80 (20 males and 60 females).**
- **Each individual screened for Hypertension, diabetes and cataract. And around 37 members were referred to VMCH.**
- **The patients were also provided with free medicines.**
- **VMCH is organizing a noteworthy event – a general at the heart of Eedur village.**
- **This compassionate initiative is set to take place from 9 am to 3 pm.**
- **Beneficiaries of events are 111 (35 males and 76 females).**
- **Each individual screened for Hypertension and diabetes. And around 22 members were referred to VMCH**



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



- A free general and ophthalmology health check up was organized by VMCH at Mallingkuppam village, near Arani.
- This compassionate initiative is set to take place from 9 am to 2.30 pm. Beneficiaries of events are 135 (35 males and 100 females).
- Each individual screened for Hypertension, diabetes and cataract. And around 30 members were referred to VMCH.
- The patients were also provided with free medicines. Medical and para medical staffs were given health education on diet modification and exercises for the attendees.
- VMCH is organizing a noteworthy event – a general camp at the heart of Kilambakkam village.
- This compassionate initiative is set to take place from 9 am to 3 pm.
- Beneficiaries of events are 126 (44 males and 79 females and 3 child).
- Each individual screened for Hypertension and diabetes. And around 22 members were referred to VMCH



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



FAMILY ADOPTION PROGRAMME IN VMCH

2021 - 2022

Batch	Village Name	Village Population	Village Pincode	No. of students	Total Family/Household adopted
2021-22	Manjankarani Village, Thanakulam, Kottukupam, Bandikavanoor	2937	600067	150	450

Population covered	
Village	2021-22
Manjankarani Village	658
Thanakulam	193
Kottukupam	436
Bandikavanoor	1650
Total	2937



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



2021 - 2022

Vels Medical College and Hospital, organized a one-day free medical camp for the benefit of public in vadamadhurai Village on 08.03.2022.

The medical camp was conducted and its organizing team included 50 medical students (2021 batch) and 30 NSS students (Vels pallavaram campus) led by Dr. Bhaskar Singam Setty, Dr.Archana Carolin, Dr.Sathish Dev, Dr.Jayanandhini.A and Dr.S.Sivaanusuya.

The medical team consisted of Dr. Senthil, MD., (General Medicine), Dr. Anand Pandyaraj, MS., (General Surgery), Dr. Vishnu Priya , (Dermatologist), and Compunders Mr.Suresh and Mr.Balaji from VMCH.

The teams arrived to the location at 9 am and the camp was inaugurated with a welcome speech by Dr.Bhaskar, Prof and HOD and Dr.Archana department of Community Medicine and with the presentation of shawl to the doctors by the members of village panchayat.

Many villagers participated in the camp thanks to wide publicity by NSS volunteers.

In total,52 villagers attended the medical camp and benefitted.

The NSS also arranged for free Blood Sugar Level and Blood Pressure tests which were hugely useful for many villagers.

Nearly 150 people have undergone their general health check-ups and 25 people were benefitted with the dermatology-skin check-ups.

After the checks up, many people were benefitted with the medicines provided free of cost by VMCH.

Few of the patients were referred by the doctors for further treatment at VMCH.

The medical students and NSS volunteers played a vital role in making this camp success with their dedication in serving people, they directed people in all needy way.



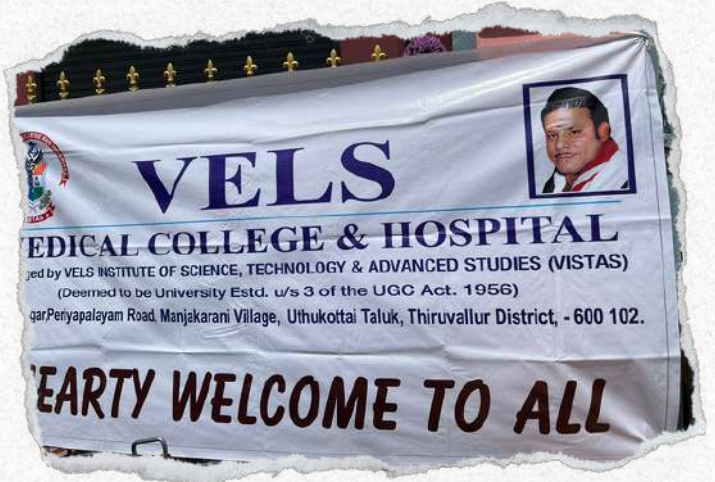
VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



08.03.2022

**Health camp at Red Hills
Totally 138 (M-90., F-48)
patients were screened.
Referred 42 patients to VMCH**





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



08.03.2022





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



08.03.2022





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



2021 - 2022

Vels Medical College and Hospital, organized a one-day free medical camp for the benefit of public in Thanakulam Village on 10.04.2022.

The medical camp was conducted and its organizing team included 50 medical students (2021 batch) and 25 NSS students (vels pallavaram campus) led by Dr. Bhaskar Singam Setty, Dr. Archana Carolin, Dr. Sathish Dev, Dr. Jayanandhini.A and Dr. S. Sivaanusuya.

The medical team consisted of Dr. Shankar, MD., (General Medicine), Dr. Muthu Raman, MS., (General Surgery), Dr. Abirami, (Dermatologist), and Compounders Mr. Suresh and Mr. Balaji from VMCH.

The teams arrived to the location at 9 am and the camp was inaugurated with a welcome speech by Dr. Bhaskar, Prof and HOD, department of Community Medicine and with the presentation of shawl to the doctors by the members of village panchayat.

Many villagers participated in the camp thanks to wide publicity by NSS volunteers. In total, 32 villagers attended the medical camp and benefitted.

The NSS also arranged for free Blood Sugar Level and Blood Pressure tests which were hugely useful for many villagers.

Nearly 150 people have undergone their general health check-ups and 16 people were benefitted with the dermatology-skin check-ups. After the checks up, many people were benefitted with the medicines provided free of cost by VMCH.

Few of the patients were referred by the doctors for further treatment at VMCH.

The medical students and NSS volunteers played a vital role in making this camp success with their dedication in serving people, they directed people in all needy way.



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



10.04.2022

**Health camp at Kilambakkam
Total no of attendees 126 (M-
44.,F-79 & C-3).
Referrals to VMCH-22**





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



10.04.2022





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



10.04.2022



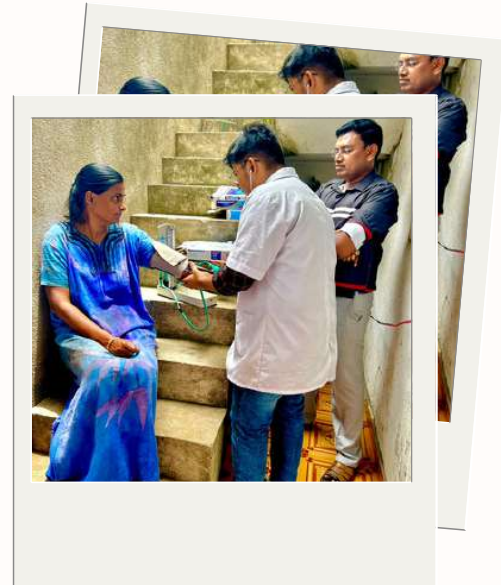


VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



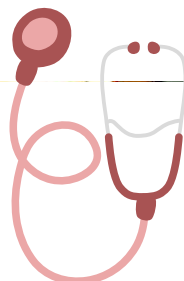
SURVEY CONDUCTED GLIMPSES 2021 - 2022





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



FAMILY ADOPTION PROGRAMME IN VMCH

2022 - 2023

Batch	Village Name	Village Population	Village Pincode	No. of students	Total Family/Household adopted
2022-23	Neiveli colony, Neiveli Thaleri, Poorivakkam Colony	2290	601102	150	450

Population covered	
Village	2022-23
Neiveli colony	600
Neiveli Thaleri	640
Poorivakkam Colony	1050
Total	2290



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



2022 - 2023

Vels Medical College and Hospital, organized a one-day free medical camp for the benefit of public in Bandikavanoor Village on 08.08.2022 & 10.11.2022.

The medical camp was conducted and its organizing team included 50 medical students (2022 batch) and 30 NSS students (vels pallavaram campus) led by Dr. Bhaskar Singam Setty, Dr. Archana Carolin, Dr. Sathish Dev, Dr. Jayanandhini.A and Dr. S. Sivaanusuya.

The medical team consisted of Dr. Shankar, MD., (General Medicine), Dr. Muthu Raman, MS., (General Surgery), Dr. Abirami, (Dermatologist), and Compounders Mr. Suresh and Mr. Balaji from VMCH.

The teams arrived to the location at 9 am and the camp was inaugurated with a welcome speech by Dr. Bhaskar, Prof and HOD, department of Community Medicine and with the presentation of shawl to the doctors by the members of village panchayat.

Many villagers participated in the camp thanks to wide publicity by NSS volunteers. In total, 80 villagers attended the medical camp and benefitted.

The NSS also arranged for free Blood Sugar Level and Blood Pressure tests which were hugely useful for many villagers.

Nearly 150 people have undergone their general health check-ups and 32 people were benefitted with the dermatology-skin check-ups. After the checks up, many people were benefitted with the medicines provided free of cost by VMCH.

Few of the patients were referred by the doctors for further treatment at VMCH.

The medical students and NSS volunteers played a vital role in making this camp success with their dedication in serving people, they directed people in all needy way.



08.08.2022

Health camp at MALLING KUPPAM., Near ARANI along with medical & paramedical staff, totally 135 patients were screened., Referrals to VMCH-30





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



08.08.2022





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



08.08.2022





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



10.11.2022

**Health camp at EEDUR.,
Total no of attendees 111.,
M-35., F-76., Referrals to
VMCH-22**





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



10.11.2022





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



2022 - 2023

Vels Medical College and Hospital, organized a one-day free medical camp for the benefit of public in Neyveli Village on 20.02.2023.

The medical camp was conducted and its organizing team included 150 medical students (2022 batch) and 55 NSS students (vels pallavaram campus) led by Dr. Bhaskar Singam Setty, Dr. Archana Carolin, Dr. Neelakanti Rajashekar, Dr. Sathish Dev, Dr. Jayanandhini.A and Dr. S. Sivaanusuya.

The medical team consisted of Dr. Shankar, MD., (General Medicine), Dr. Anand Pandyaraj, MS., (General Surgery), Dr. Vishnu Priya, (Dermatologist), and Compounders Mr. Venkatesh and Mr. Balaji from VMCH.

The teams arrived to the location at 9 am and the camp was inaugurated with a welcome speech by Dr. Bhaskar, Prof and HOD and Dr. Sathish dev department of Community Medicine and with the presentation of shawl to the doctors by the members of village panchayat. Many villagers participated in the camp thanks to wide publicity by NSS volunteers.

In total, 65 villagers attended the medical camp and benefitted.

The NSS also arranged for free Blood Sugar Level and Blood Pressure tests which were hugely useful for many villagers.

Nearly 450 people have undergone their general health check-ups and 25 people were benefitted with the dermatology-skin check-ups. After the checks up, many people were benefitted with the medicines provided free of cost by VMCH.

Few of the patients were referred by the doctors for further treatment at VMCH.

The medical students and NSS volunteers played a vital role in making this camp success with their dedication in serving people, they directed people in all needy way.



**Health camp at
KAKIVAKKAM., Total no of
attendees 80., M-20., F-60.,
Referrals to VMCH-37**

20.02.2023





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



20.02.2023





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



20.02.2023





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



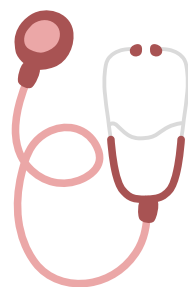
SURVEY CONDUCTED GLIMPSES 2022 - 2023





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



FAMILY ADOPTION PROGRAMME IN VMCH

2023 - 2024

Batch	Village Name	Village Population	Total Family/Household adopted
2023-24	Alinjivakkam	3000	300

Population covered	
Village	2023-24
Alinjivakkam	1000
Srinagar colony	800
Irilipattu	800
Ambedkar nagar	400
Total	3000



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



2023 - 2024

Vels Medical College and Hospital, with an intention to provide access of medical health care and generate awareness towards health among the underprivileged sections of the society, one day medical health camp was organised at Alinjivakkam Village on 20.08.2023 & 16.11.2023.

The medical camp was conducted and its organizing team included 150 medical students (2023 batch) and 45 NSS students (vels pallavaram campus) led by Dr. Bhaskar Singam Setty, Dr. Archana Carolin, Dr. Neelakanti Rajashekar, Dr. Sathish Dev, Dr. Jayanandhini.A, Dr. S. Sivaanusuya and DXr. Nishanthan.

The medical team consisted of Dr. Shankar, MD., (General Medicine), Dr. Vikram, MS., (General Surgery), Dr. Vishnu Priya, (Dermatologist), and Compounders Mr. Venkatesh, Mr. Seenu and Mr. Balaji from VMCH.

The teams arrived to the location at 10 am and the camp was inaugurated with a welcome speech by Dr. Bhaskar, Prof and HOD and Dr. Neelakanti Rajashekar department of Community Medicine and with the presentation of shawl to the doctors by the members of village panchayat.

Many villagers participated in the camp thanks to wide publicity by NSS volunteers. In total, 85 villagers attended the medical camp and benefitted.

The NSS also arranged for free Blood Sugar Level and Blood Pressure tests which were hugely useful for many villagers.

Nearly 450 people have undergone their general health check-ups and 50 people were benefitted with the dermatology-skin check-ups.

After the checks up, many people were benefitted with the medicines provided free of cost by VMCH.

Few of the patients were referred by the doctors for further treatment at VMCH.

The medical students and NSS volunteers played a vital role in making this camp success with their dedication in serving people, they directed people in all needy way.



20.08.2023

**Health camp at
Eeguvaripalem., Total no
camp attendees 98., M-12., F-
86., Referrals to Vels Hospital-
21**





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



20.08.2023





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



20.08.2023





16.11.2023

**Health camp conducted at
Aathupakkam ., Total no of
Attendees 112(M-68., F-44)., 18
were referred to VMCH**





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



16.11.2023





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



16.11.2023



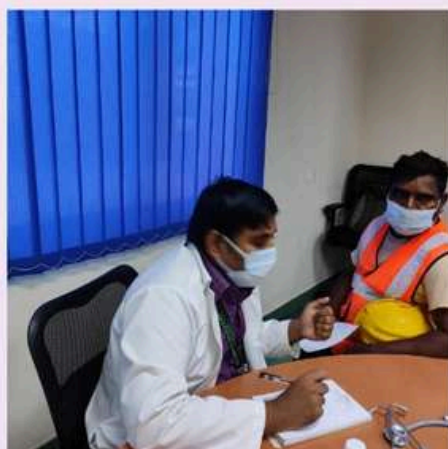
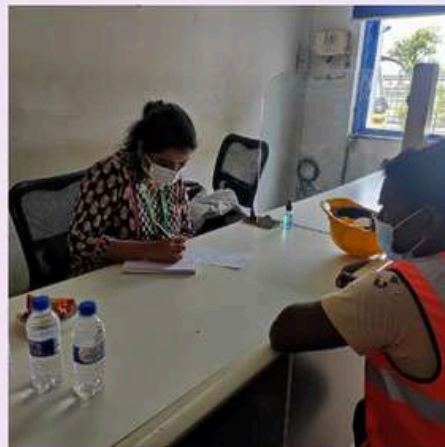


VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



16.11.2023





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



SURVEY CONDUCTED GLIMPSES 2023 - 2024





VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University





VELS MEDICAL COLLEGE & HOSPITAL

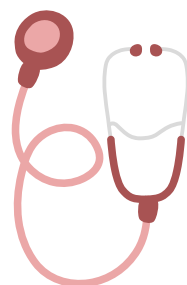
Under Vels Institute of Science, Technology and Advanced Studies (VISTAS)
Deemed to be University



VELS MEDICAL COLLEGE & HOSPITAL

Under Vels Institute Of Science, Technology And Advance Studies (VISTAS)
Deemed To Be University

Department Of Community Medicine Activities FAMILY ADOPTION PROGRAMME



VELS

GROUP OF INSTITUTIONS

INDIA | SINGAPORE | UNITED KINGDOM

Marching Beyond **30** Years Successfully
43 Institutions, **36,000** Students **6000** Staff Members



INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)
 (Deemed to be University Estd. u/s 3 of the UGC Act, 1956)
 PALLAVARAM - CHENNAI
 ACCREDITED BY NAAC WITH 'A' GRADE
 INSTITUTION WITH UGC 12B STATUS



VELS
MEDICAL COLLEGE & HOSPITAL
 Under VELS INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)
 (Deemed to be University Estd. u/s 3 of the UGC Act, 1956)
 Uthukottai Taluk, Tiruvallur District - 601 102
www.velsmedicalcollege.com



**MAHAVIR INSTITUTE OF
 MEDICAL SCIENCES (MIMS)**
 VIKARABAD, HYDERABAD - TELANGANA
www.mahavirmedicalcollege.org



**SRI VENKATESWARA
 DENTAL COLLEGE & HOSPITAL**
 Thalambur, Chennai
www.svdentalcollege.com



**MEGHNA INSTITUTE OF
 DENTAL SCIENCES (MIDS)**
 NIZAMABAD, HYDERABAD - TELANGANA
www.meghnadentalcollege.com



**VEL
 NURSING COLLEGE**
 Under VELS INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)
 (Deemed to be University Estd. u/s 3 of the UGC Act, 1956)
www.velnursingcollege.com



**VENKATESWARA
 NURSING COLLEGE**
 Thalambur, Chennai
www.venkateswaranursing.ac.in



**VELS
 VIDYASHRAM**
 CBSE
 Pallavaram - Thalambur - Cantonment
www.velsvidyashram.ac.in



VELS GLOBAL SCHOOL
 TAMIL NADU | KARNATAKA | DELHI-NCR | WEST BENGAL
www.velsglobalschool.com



**VAELS
 INTERNATIONAL SCHOOL**
 KKIC / CISCE / CAMBRIDGE INTERNATIONAL
 NEELANKARAI - INJAMBAKKAM
www.vaelsinternationalschool.com



**KINDLE KIDS
 INTERNATIONAL SCHOOL**
 SLF Building, 510 Thomson Road #B2-00, Singapore
www.kindlekids.sg



**VELS
 KINDER KIDS**
 No. 9, Dr. Ranga Road,
 Mylapore, Chennai
www.velskinderkids.com



CTC
 Cambridge Tutors College
LONDON
 South Croydon, Greater London
www.ctc.ac.uk



**SHRI ISARI VELAN
 MISSION HOSPITAL**
 A Comfort Care Centre
150 Bedded Multi Speciality Hospital
www.velanhospital.com



TINY FOOT PRINTS TODAY, GIANT LEAPS TOMORROW - VELS MAGIC



VELS

MEDICAL COLLEGE & HOSPITAL

Under VELS INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)
 (Deemed to be University Estd. u/s 3 of the UGC Act, 1956)
 Uthukottai Taluk, Tiruvallur District - 601 102
www.velsmedicalcollege.com



DEPARTMENT OF COMMUNITY MEDICINE

FAMILY ADOPTION PROGRAMME





VELS

MEDICAL COLLEGE & HOSPITAL

Under VELS INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)
(Deemed to be University Estd. u/s 3 of the UGC Act. 1956)
www.velsmedicalcollege.com



DEPARTMENT OF COMMUNITY MEDICINE

FAMILY ADOPTION PROGRAMME



Name of the Student :KEERTHANA.U.....

Registration Number / Academic Year :

Name of the Village /Area allotted :

No of Visits

S.No	Particulars	Visit-1	Visit-2	Visit-3	Visit-4
1	Date of Visit				
2	Sign of the Candidate				
3	Sign of the Faculty				

No. 12 / 123, Periyapalayam Road, Velan Nagar, Manjankaranai Village, Uthukottai Taluk,
Tiruvallur District - 601 102. Phone : (91-44) 2762 9405
E-mail : info@velsmedicalcollege.org www.velsmedicalcollege.com

Regd. Office : # 521 / 2, Anna Salai, Nandanam, Chennai - 600 035.
Phone : (91-44) 2431 5541 / 2431 5542



VELS

MEDICAL COLLEGE & HOSPITAL

Under VELS INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)
(Deemed to be University Estd. u/s 3 of the UGC Act, 1956)
Uthukottai Taluk, Tiruvallur District - 601 102
www.velsmedicalcollege.com



Family Adoption Programme

FAMILY- No.: 1

SOCIO-DEMOGRAPHIC PROFILE OF THE FAMILY :

DATE : 10/7/2022

Name of Head of the family : Balan.M

Complete Address : 264, Kulathur Street, Thanakulam

Contact Number : 9791131638

Marital Status : Unmarried / Married / Divorce / Separated / Widowed

Type of Family : Nuclear / Joint / Three generation

Total number of Family members : 4

Total income of Family : 35,000 Per capita income : 8750

BG Prasad Socio economic class : (Tick the appropriate option)

1. Class I 2. Class II 3. Class III 4. Class IV 5. Class V

Religion : Hindu 2. Christian 3. Muslim 4. Others (specify) : _____

Near by health facility : 1. Government Periyapalayam 2. Private _____

Distance 14 km

Usual source of medical care : 1. Hospital (Govt / Private) 2. Govt Primary Health Centre 3. Private practitioner 4. Others, Specify _____

Preferred system of medicine : 1. Allopathy 2. Ayurveda 3. Yoga 4. Unani
5. Siddha 6. Homeopathy 7. Others, _____

ICDS Beneficiaries : 1. Antenatal / Postnatal mother 2. Children 0-6 years
3. Adolescent girls (11-18 years) NIL

Special groups in the family : 1. Antenatal / Postnatal mother 2. Under 5 Children
3. Geriatric people 4. Differently abled people NIL

Vital events in the past 1 year : 1. Births (Y/N) 2. Deaths (Y/N) 3. Marriage (X/N) (1yr)
 4. Divorce (Y/N)

Covered under any health insurance / schemes : 1. State Government 2. Central Government 3. ESI 4. Private 5. Others (specify) : _____ 6. None

FAMILY STRUCTURE

S.no	Age in completed years	Number		Total
		Male	Female	
1.	Infants (<1 year)			
2.	1 - 5 Years			
3.	6 - 14 Years			
4.	15 - 48 Years	1	1	2
5.	49 - 60 Years			
6.	60 - 64 Years		1	1
7.	>64 Years	1		1

DEPENDENCY STATUS :

Total dependency (young age + Old age) = Number of children 0-14 years age + Population more than 65 years of age

$$= 0 + 1$$

$$= 1$$

DEPENDENCY RATIO :

Number of children 0-14 years of age (+) Population more than 65 years of age /

Population of 15 to 64 years X 100 =

$$\frac{0 + 1}{3} \times 100 = \frac{1}{3} \times 100$$

$$= 100 : 3$$

Environmental details

House	<input checked="" type="checkbox"/> Own House 2. Rental House
Type of house	1. Kutchha 2. Pucca <input checked="" type="checkbox"/> Semi-pucca
Duration of stay in current house	
Approximate size of living space of household (Sq.ft)	400 sq.ft
Number of living rooms	1 BHK
Setback area	<input checked="" type="checkbox"/> Present 2. Absent
Overcrowding	1. Present <input checked="" type="checkbox"/> Absent
Ventilation	<input checked="" type="checkbox"/> Adequate 2. Inadequate
Cross-Ventilation	1. Present <input checked="" type="checkbox"/> Absent
Lighting	1. Natural (Adequate / Inadequate) 2. Artificial (Adequate / Inadequate)
KITCHEN	
Separate Kitchen	<input checked="" type="checkbox"/> Yes 2. No
Type of cooking fuel	<input checked="" type="checkbox"/> LPG 2. Firewood 3. Kerosene stove 4. Electric 5. Mixed
Food Storage facilities	<input checked="" type="checkbox"/> Yes 2. No
Smoke Outlet	<input checked="" type="checkbox"/> Present 2. Absent
WATER	
Sources of drinking water	1. Bore well <input checked="" type="checkbox"/> Public tap (Municipal) 3. Mineral / RO Water 4. Others _____
Sources of water for Domestic purpose	1. Bore well <input checked="" type="checkbox"/> Public tap
Water purification process followed	<input checked="" type="checkbox"/> Boiling 2. Filtering 3. Chlorination 4. Others
Storage	<input checked="" type="checkbox"/> Sanitary 2. Insanitary
SANITATION	
Latrine	<input checked="" type="checkbox"/> Own 2. Shared 3. Public Latrine
Cleanliness of toilet	<input checked="" type="checkbox"/> Sanitary 2. Insanitary
Water supply	<input checked="" type="checkbox"/> Continuous 2. Intermittent 3. No piped water supply
Solid Waste disposal - Garbage How it is stored inside the house? Disposal details	<input checked="" type="checkbox"/> Dust bins 2. Plastic covers 3. Others, Specify _____ <input checked="" type="checkbox"/> Dumping 2. Landfill <input checked="" type="checkbox"/> Collection by panchayat 4. Others, Specify _____

Sewage disposal

- ✓ 1. Septic tank
- 2. Underground drainage system
- 3. Open air defecation
- 4. Others _____

Sullage disposal

- 1. Soakage pit
- 2. Open drainage
- ✓ 3. Closed drainage
- 4. Gardens
- 5. Others _____

ANIMALS :

Animal(s) Reared :

- ✓ 1. Yes
- 2. No
- If Yes, Pets / Domestic (specify) CAT

Cattle Shed :

- 1. Present
- ✓ 2. Absent
- Distance _____

Rodents :

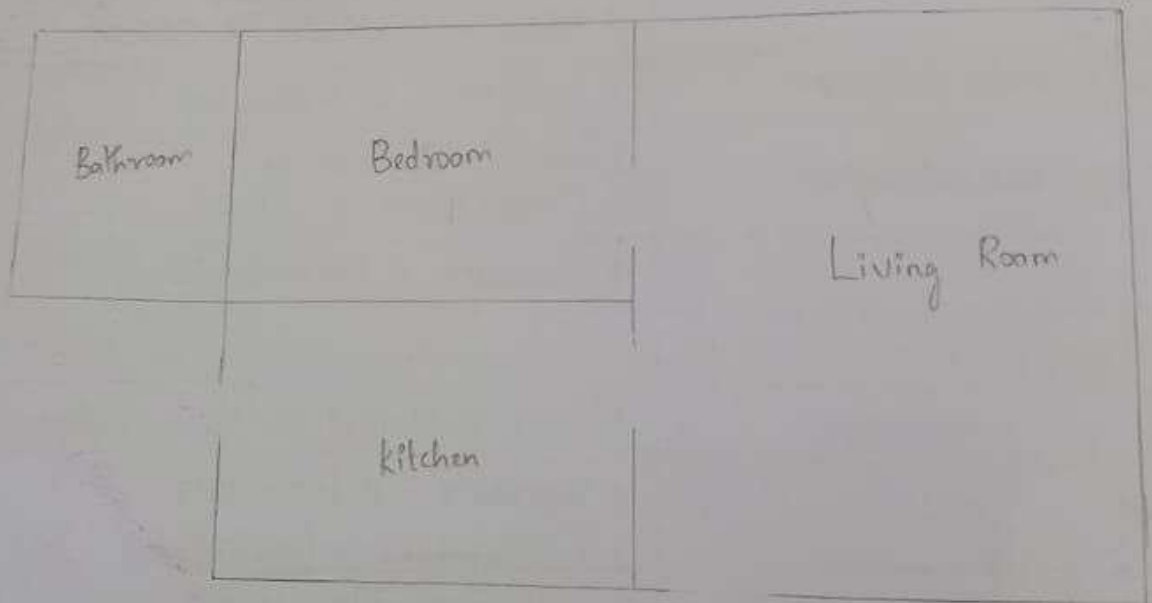
- 1. Present
- ✓ 2. Absent

Vector Breeding Sites :

- 1. Present
- ✓ 2. Absent

Details of Tree plantation activities

DRAW THE HOUSING PLAN :



SOCIO - CULTURAL PRACTICES :

S.no	Practices	Details of practice	Remarks
1.	Personal hygiene of the family members - Bathing, hand washing, oral hygiene etc.	Good and Adequate	-
2.	Indiscriminate spitting in and around the house	Yes	-
3.	<u>Addictions :</u> Smoking & tobacco usage	Nil	-
	Alcohol	Balan drinks one bottle of alcohol per day for almost 25yrs	-
4.	Cow dung smearing to floor	No	-

Other practices : (specify, if any) :

Nil

PRACTICES AMONG WOMEN AND CHILDREN :

S.no	Practices	Details of practice
1.	Age at marriage of boys and girls	—
2.	Consanguineous marriage	—
3.	Menstrual hygiene	a)Cloth, b)Napkin c)Others..... Frequency of Changing it:
4.	Maternal and child health practices Pregnancy & Lactation - Special diet, physical activity, Antenatal care, Exclusive breast feeding Mention any other customs followed	—
5.	Child Rearing practices - Oil bath, applying kajal, usual time of commencement of breast feeding, colostrum given or not, prelacteal feeds, - Artificial milk - bottle feeding or spoon - Age at which weaning is started and foods introduced - Any other custom	—
6.	Attitude towards Immunization Immunization details of the child :	—
7.	Details of Family planning Family size decision	—
8.	Preference for male child	—

DIETARY PRACTICES :

Type of diet : 1. Vegetarian 2. Mixed diet 3. Others, specify _____

Meal pattern : Bed tea, Breakfast, Lunch, Evening tea, Dinner, Bedtime drink.

Write about the Family's Meal Pattern : (24 hour recall method)

Bed Tea	Breakfast	Lunch	Evening tea	Dinner	Bedtime drink
Tea	Dosa/Idli	Rice, Sambar, Veggies	Coffee/Tea	Dosa/Idli/Rice	Rarely Milk

Average Monthly Expenditure on Food : ≈ 4000

Particulars		Inference
Staple diet	Rice / Wheat / Millets	Limited intake
Using greens, vegetables, fruits,	Yes / No	
Fermentation of grains	Yes / No	
Sprouting of grains	Yes / No	
Use of Iodized salts	Yes / No	

Family food practices : Egg 2-3 times a week, Fish, Chicken 1-2 times

Mention any food taboos, restrictions and prejudice in the family :

Raw Banana } allergic to Mrs. Kasthuri
Potato

Brinjal - allergic to Mrs. Sumithra

No Beef - religious restrictions.

Assessment of Knowledge, Attitude and Practices

Health particulars	Knowledge (Good / Average / Poor)	Attitude (Beliefs and Customs) (Positive/Negative)	Practices Yes / No If Yes - Regular / Irregular
Healthy lifestyle	Average	Positive	Yes Regular
Prevention of Common diseases	Good	Positive	Yes Regular
Family planning services	Good	Positive	Yes Regular
Sanitation and hygiene	Good	Positive	Yes Regular
Psychiatric condition	Good	Positive	Yes Regular
Environmental protection	Good	Positive	Yes Regular

FELT NEEDS OF THE FAMILY

HEALTH NEEDS	GENERAL NEEDS
Vaccines to be arranged	-



VELS

MEDICAL COLLEGE & HOSPITAL

Under VELS INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)
(Deemed to be University Estd. u/s 3 of the UGC Act. 1956)

www.velsmedicalcollege.com



DEPARTMENT OF COMMUNITY MEDICINE

FAMILY ADOPTION PROGRAMME

Photo of the
Student

Name of the Student

: D. ABISHEK No 3

Registration Number / Academic Year

:

Name of the Village / Area allotted

:

No of Visits

S.No	Particulars	Visit-1	Visit-2	Visit-3	Visit-4
1	Date of Visit				
2	Sign of the Candidate				
3	Sign of the Faculty				

No. 12 / 123, Periyapalayam Road, Velan Nagar, Manjankaranai Village, Uthukottai Taluk,
Tiruvallur District - 601 102. Phone : (91-44) 2762 9405

E-mail : info@velsmedicalcollege.org www.velsmedicalcollege.com

Regd. Office : # 521 / 2, Anna Salai, Nandanam, Chennai - 600 035.
Phone : (91-44) 2431 5541 / 2431 5542



VELS

MEDICAL COLLEGE & HOSPITAL

Under VELS INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)

(Deemed to be University Estd. u/s 3 of the UGC Act. 1956)

Uthukottai Taluk, Tiruvallur District - 601 102

www.velsmedicalcollege.com



Family Adoption Programme

FAMILY- N.O.-1

SOCIO-DEMOGRAPHIC PROFILE OF THE FAMILY : DATE : 12-7-2022

Name of Head of the family : P.M ANANDAN

Complete Address : 150 SIVAN KOIL STREET MANJANKARANAI
PERIYALAVAM ROAD THIRUVALLUR DISTRICT, 601102
Contact Number : 6380305530

Marital Status : Unmarried / Married / Divorce / Separated / Widowed

Type of Family : Nuclear / Joint / Three generation

Total number of Family members : 4

Total income of Family : 20000 Per capita income : 5000

BG Prasad Socio economic class : (Tick the appropriate option)

1. Class I 2. Class II 3. Class III 4. Class IV 5. Class V

Religion : 1. Hindu 2. Christian 3. Muslim 4. Others (specify) : _____

Near by health facility : 1. Government 2. Private VMCH

Distance 11km

Usual source of medical care : 1. Hospital (Govt / Private) 2. Govt Primary Health Centre 3. Private practitioner 4. Others, Specify _____

Preferred system of medicine : 1. Allopathy 2. Ayurveda 3. Yoga 4. Unani 5. Siddha 6. Homeopathy 7. Others, _____

ICDS Beneficiaries : 1. Antenatal / Postnatal mother 2. Children 0-6 years 3. Adolescent girls (11-18 years) NIL

Special groups in the family : 1. Antenatal / Postnatal mother 2. Under 5 Children 3. Geriatric people 4. Differently abled people

Vital events in the past 1 year : 1. Births (Y / N) 2. Deaths (Y / N) 3. Marriage (Y / N)
 4. Divorce (Y / N)

Covered under any health insurance / schemes : 1. State Government 2. Central Government 3. ESI 4. Private 5. Others (specify) : _____ 6. None

FAMILY STRUCTURE

S.no	Age in completed years	Number		Total
		Male	Female	
1.	Infants (<1 year)			
2.	1 - 5 Years			
3.	6 - 14 Years			
4.	15 - 48 Years			
5.	49 - 60 Years	2		2
6.	60 - 64 Years	1	1	2
7.	>64 Years			

DEPENDENCY STATUS :

Total dependency (young age + Old age) = Number of children 0-14 years age + Population more than 65 years of age

DEPENDENCY RATIO :

Number of children 0-14 years of age (+) Population more than 65 years of age / Population of 15 to 64 years X 100 =

Environmental details

House

Type of house	1. Own House 2. Rental House
Duration of stay in current house	1. Kutcha 2. Pucca 3. Semi-pucca
Approximate size of living space of household (Sq.ft)	
Number of living rooms	800 sq. feet
Setback area	4
Overcrowding	1. Present 2. Absent
Ventilation	1. Present 2. Absent
Cross-Ventilation	1. Adequate 2. Inadequate
Lighting	1. Present 2. Absent
	1. Natural (Adequate / Inadequate) 2. Artificial (Adequate / Inadequate)

KITCHEN

Separate Kitchen	1. Yes 2. No
Type of cooking fuel	1. LPG 2. Firewood 3. Kerosene stove 4. Electric 5. Mixed
Food Storage facilities	1. Yes 2. No
Smoke Outlet	1. Present 2. Absent

WATER

Sources of drinking water	1. Bore well 2. Public tap 3. Mineral / RO Water 4. Others _____
Sources of water for Domestic purpose	1. Bore well 2. Public tap
Water purification process followed	1. Boiling 2. Filtering 3. Chlorination 4. Others
Storage	1. Sanitary 2. Insanitary

SANITATION

Latrine	1. Own 2. Shared 3. Public Latrine
Cleanliness of toilet	1. Sanitary 2. Insanitary
Water supply	1. Continuous 2. Intermittent 3. No piped water supply
Solid Waste disposal - Garbage How it is stored inside the house? Disposal details	1. Dust bins 2. Plastic covers 3. Others, Specify _____ 1. Dumping 2. Landfill 3. Collection by panchayat 4. Others, Specify _____

Sewage disposal

1. Septic tank
2. Underground drainage system
3. Open air defecation
4. Others _____

Sullage disposal

1. Soakage pit
2. Open drainage
3. Closed drainage
4. Gardens
5. Others _____

ANIMALS :

Animal(s) Reared :

1. Yes
 2. No
- If Yes, Pets / Domestic (specify) _____

Cattle Shed :

1. Present
 2. Absent
- Distance _____

Rodents :

1. Present
2. Absent

Vector Breeding Sites :

1. Present
2. Absent

Details of Tree plantation activities

DRAW THE HOUSING PLAN :

SOCIO - CULTURAL PRACTICES :

S.no	Practices	Details of practice	Remarks
1.	Personal hygiene of the family members - Bathing, hand washing, oral hygiene etc.	Yes.	good.
2.	Indiscriminate spitting in and around the house	No.	-
3.	<u>Addictions :</u> Smoking & tobacco usage	No.	-
	Alcohol	No.	-
4.	Cow dung smearing to floor	No.	-

Other practices : (specify, if any) :

PRACTICES AMONG WOMEN AND CHILDREN :

S.no	Practices	Details of practice
1.	Age at marriage of boys and girls	—
2.	Consanguineous marriage	—
3.	Menstrual hygiene	a)Cloth b)Napkin c)Others..... Frequency of Changing it:
4.	Maternal and child health practices Pregnancy & Lactation - Special diet, physical activity, Antenatal care, Exclusive breast feeding Mention any other customs followed	—
5.	Child Rearing practices - Oil bath, applying kajal, usual time of commencement of breast feeding, colostrum given or not, prelacteal feeds, - Artificial milk - bottle feeding or spoon - Age at which weaning is started and foods introduced - Any other custom	—
6.	Attitude towards Immunization Immunization details of the child :	—
7.	Details of Family planning Family size decision	—
8.	Preference for male child	—

DIETARY PRACTICES :

Type of diet : 1. Vegetarian 2. Mixed diet 3. Others, specify _____

Meal pattern : Bed tea, Breakfast, Lunch, Evening tea, Dinner, Bedtime drink.

Tea Idly Rice Tea Dosa Milk
Sambar

Write about the Family's Meal Pattern : (24 hour recall method)

Average Monthly Expenditure on Food : 2000

Particulars		Inference
Staple diet	<u>✓</u> Rice / <u>✓</u> Wheat / <u>✓</u> Millets	
Using greens, vegetables, fruits,	<u>✓</u> Yes / No	
Fermentation of grains	Yes / No	
Sprouting of grains	Yes / No	
Use of Iodized salts	Yes / No	

Family food practices :

—
Mention any food taboos, restrictions and prejudice in the family :

—

Assessment of Knowledge, Attitude and Practices

Health particulars	Knowledge (Good / Average / Poor)	Attitude (Beliefs and Customs) (Positive/Negative)	Practices Yes / No If Yes - Regular / Irregular
Healthy lifestyle	Average	Positive	Yes Regular
Prevention of Common diseases	Average	Positive	Yes Regular
Family planning services	Average	Positive	Yes Regular
Sanitation and hygiene	Average	Positive	Yes Regular
Psychiatric condition	Good	Positive	Yes Regular
Environmental protection	Average	Positive	Yes Regular

FELT NEEDS OF THE FAMILY

HEALTH NEEDS

GENERAL NEEDS



VELS

MEDICAL COLLEGE & HOSPITAL

Under VELS INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)

(Deemed to be University Estd. u/s 3 of the UGC Act. 1956)

Uthukottai Taluk, Tiruvallur District - 601 102

www.velsmedicalcollege.com



No. 12 / 123, Periyapalayam Road, Velan Nagar,
Manjankaranai Village, Uthukottai Taluk, Tiruvallur District - 601 102

DEPARTMENT OF COMMUNITY MEDICINE

FAMILY ADOPTION PROGRAMME

Photo of the
Student

Name of the Student :

Registration Number / Academic Year :

Name of the Village /Area allotted :

No of Visits

S.No	Particulars	Visit-1	Visit-2	Visit-3	Visit-4
1	Date of Visit				
2	Sign of the Candidate				
3	Sign of the Faculty				

Phone : (91-44) 2762 9400 E-mail : info@velsmedicalcollege.org www.velsmedicalcollege.org

Regd. Office : # 521 / 2, Anna Salai, Nandanam, Chennai - 600 035.

Phone : (91-44) 2431 5541 / 2431 5542



VELS

MEDICAL COLLEGE & HOSPITAL

Under VELS INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)

(Deemed to be University Estd. u/s 3 of the UGC Act. 1956)

Uthukottai Taluk, Tiruvallur District - 601 102

www.velsmedicalcollege.com



Family Adoption Programme

FAMILY-

SOCIO-DEMOGRAPHIC PROFILE OF THE FAMILY : DATE : _____

Name of Head of the family : _____

Complete Address : _____

Contact Number : _____

Marital Status : Unmarried / Married / Divorce / Separated / Widowed

Type of Family : _____

Total number of Family members : _____

Total income of Family : _____ Per capita income : _____

BG Prasad Socio economic class : (Tick the appropriate option)

1. Class I 2. Class II 3. Class III 4. Class IV 5. Class V

Religion : 1. Hindu 2. Christian 3. Muslim 4. Others (specify) : _____

Near by health facility : 1. Government _____ 2. Private _____

Distance _____

Usual source of medical care : 1. Hospital (Govt / Private) 2. Govt Primary Health Centre 3. Private practitioner 4. Others, Specify _____

Preferred system of medicine : 1. Allopathy 2. Ayurveda 3. Yoga 4. Unani 5. Siddha 6. Homeopathy 7. Others, _____

ICDS Beneficiaries : 1. Antenatal / Postnatal mother 2. Children 0-6 years 3. Adolescent girls (11-18 years)

Special groups in the family : 1. Antenatal / Postnatal mother 2. Under 5 Children 3. Geriatric people 4. Differently abled people

Vital events in the past 1 year : 1. Births (Y / N) 2. Deaths (Y / N) 3. Marriage (Y /N)
4. Divorce (Y / N)

Covered under any health insurance / schemes : 1. State Government 2. Central
Government 3. ESI 4. Private 5. Others (specify) : _____ 6. None

FAMILY STRUCTURE

S.no	Age in completed years	Number		Total
		Male	Female	
1.	Infants (<1 year)			
2.	1 - 5 Years			
3.	6 - 14 Years			
4.	15 - 48 Years			
5.	49 - 60 Years			
6.	60 - 64 Years			
7.	>64 Years			

DEPENDENCY STATUS :

Total dependency (young age + Old age) = Number of children 0-14 years age +
Population more than 65 years of age

DEPENDENCY RATIO :

Number of children 0-14 years of age (+) Population more than 65 years of age /
Population of 15 to 64 years X 100 =

Environmental details

House	1. Own House 2. Rental House
Type of house	1. Kutcha 2. Pucca 3. Semi-pucca
Duration of stay in current house	
Approximate size of living space of household (Sq.ft)	
Number of living rooms	
Setback area	1. Present 2. Absent
Overcrowding	1. Present 2. Absent
Ventilation	1. Adequate 2. Inadequate
Croos-Ventilation	1. Present 2. Absent
Lighting	1. Natural (Adequate / Inadequate) 2. Artificial (Adequate / Inadequate)
KITCHEN	
Separate Kitchen	1. Yes 2. No
Type of cooking fuel	1. LPG 2. Firewood 3. Kerosene stove 4. Electric 5. Mixed
Food Storage facilities	1. Yes 2. No
Smoke Outlet	1. Present 2. Absent
WATER	
Sources of drinking water	1. Bore well 2. Public tap 3. Mineral / RO Water 4. Others _____
Sources of water for Domestic purpose	1. Bore well 2. Public tap
Water purification process followed	1. Boiling 2. Filtering 3. Chlorination 4. Others
Storage	1. Sanitary 2. Insanitary
SANITATION	
Latrine	1. Own 2. Shared 3. Public Latrine
Cleanliness of toilet	1. Sanitary 2. Insanitary
Water supply	1. Continuos 2. Intermittent 3. No piped water supply
Solid Waste disposal - Garbage How it is stored inside the house? Disoposal details	1. Dust bins 2. Plastic covers 3. Others, Specify _____ 1. Dumping 2. Landfill 3. Collection by panchayat 4. Others, Specify _____

<p>Sewage disposal</p> <p>Sullage disposal</p>	<p>1. Septic tank 2. Underground drainage system 3. Open air defecation 4. Others _____</p> <p>1. Soakage pit 2. Open drainage 3. Closed drainage 4. Gardens 5. Others _____</p>
<p>ANIMALS :</p> <p>Animal(s) Reared :</p> <p>Cattle Shed :</p> <p>Rodents :</p> <p>Vector Breeding Sites :</p>	<p>1. Yes 2. No If Yes, Pets / Domestic (specify) _____</p> <p>1. Present 2. Absent Distance _____</p> <p>1. Present 2. Absent</p> <p>1. Present 2. Absent</p>
<p>Details of Tree plantation activities</p>	

DRAW THE HOUSING PLAN :

SOCIO - CULTURAL PRACTICES :

S.no	Practices	Details of practice	Remarks
1.	Personal hygiene of the family members - Bathing, hand washing, oral hygiene etc.		
2.	Indiscriminate spitting in and around the house		
3.	<u>Addictions :</u> Smoking & tobacco usage		
	Alcohol		
4.	Cow dung smearing to floor		

Other practices : (specify, if any) :

PRACTICES AMONG WOMEN AND CHILDREN :

S.no	Practices	Details of practice
1.	Age at marriage of boys and girls	
2.	Consanguineous marriage	
3.	Menstrual hygiene	a)Cloth b)Napkin c)Others..... Frequency of Changing it:
4.	<p>Maternal and child health practices Pregnancy & Lactation - Special diet, physical activity, Antenatal care, Exclusive breast feeding Mention any other customs followed</p>	
5.	<p>Child Rearing practices - Oil bath, applying kajal, usual time of commencement of breast feeding, colostrum given or not, prelacteal feeds, - Artificial milk - bottle feeding or spoon - Age at which weaning is started and foods introduced - Any other custom</p>	
6.	<p>Attitude towards Immunization Immunization details of the child :</p>	
7.	<p>Details of Family planning Family size decision</p>	
8.	Preference for male child	

DIETARY PRACTICES :

Type of diet : 1. Vegetarian 2. Mixed diet 3. Others, specify _____

Meal pattern : Bed tea, Breakfast, Mid - morning Lunch, Evening tea, Dinner,
Bedtime drink.

Write about the Family's Meal Pattern : (24 hour recall method)

Average Monthly Expenditure on Food :

Particulars		Inference
Staple diet	Rice / Wheat / Millets	
Using greens, vegetables, fruits,	Yes / No	
Fermentation of grains	Yes / No	
Sprouting of grains	Yes / No	
Use of Iodized salts	Yes / No	

Family food practices :

Mention any food taboos, restrictions and prejudice in the family :

Assessment of Knowledge Attitude and Practices

Health particulars	Knowledge (Good / Average / Poor)	Attitude (Beliefs and Customs) (Positive/Negative)	Practices Yes / No If Yes - Regular / Irregular
Healthy lifestyle			
Prevention of Common diseases			
Family planning services			
Sanitation and hygiene			
Psychiatric condition			
Environmental protection			

FELT NEEDS OF THE FAMILY	
HEALTH NEEDS	GENERAL NEEDS

FAMILY HEALTH PROFILE

Examine and interview all the family members present during your visit. Briefly summarize the findings.

1) NAME : Age / Sex..... Date of Visit.....

CHIEF COMPLAINTS		
PAST HISTORY		
PERSONAL HISTORY		
TREATMENT HISTORY		
IMMUNIZATION STATUS: COVID VACCINATION STATUS :	a)Single dose b)Double dose c) Booster	
GENERAL EXAMINATION	TEMPERATURE:	PULSE: BP: RR:
	HEIGHT (cms):	WEIGHT (kg): BMI:
SYSTEMIC EXAMINATION		
DIGANOSIS / SUMMARY OF THE FINDINGS		
MANAGEMENT		
INVESTIGATIONS	HEMOGLOBIN: BLOOD SUGAR: BLOOD GROUP:	URINE PROTEIN: URINE SUGAR:
ADVICE GIVEN		
FOLLOW UP		

2) NAME : Age / Sex..... Date of Visit.....

CHIEF COMPLAINTS		
PAST HISTORY		
PERSONAL HISTORY		
TREATMENT HISTORY		
IMMUNIZATION STATUS: COVID VACCINATION STATUS :	a)Single dose b)Double dose c) Booster	
GENERAL EXAMINATION	TEMPERATURE: HEIGHT (cms):	PULSE: BP: RR: WEIGHT (kg): BMI:
SYSTEMIC EXAMINATION		
DIGANOSIS / SUMMARY OF THE FINDINGS		
MANAGEMENT		
INVESTIGATIONS	HEMOGLOBIN: BLOOD SUGAR: BLOOD GROUP:	URINE PROTEIN: URINE SUGAR:
ADVICE GIVEN		
FOLLOW UP		

3) NAME : Age / Sex..... Date of Visit.....

CHIEF COMPLAINTS		
PAST HISTORY		
PERSONAL HISTORY		
TREATMENT HISTORY		
IMMUNIZATION STATUS: COVID VACCINATION STATUS :	a)Single dose b)Double dose c) Booster	
GENERAL EXAMINATION	TEMPERATURE: HEIGHT (cms):	PULSE: WEIGHT (kg):
	BP:	RR: BMI:
SYSTEMIC EXAMINATION		
DIGANOSIS / SUMMARY OF THE FINDINGS		
MANAGEMENT		
INVESTIGATIONS	HEMOGLOBIN: BLOOD SUGAR: BLOOD GROUP:	URINE PROTEIN: URINE SUGAR:
ADVICE GIVEN		
FOLLOW UP		

4) NAME : Age / Sex..... Date of Visit.....

CHIEF COMPLAINTS		
PAST HISTORY		
PERSONAL HISTORY		
TREATMENT HISTORY		
IMMUNIZATION STATUS: COVID VACCINATION STATUS :	a)Single dose b)Double dose c) Booster	
GENERAL EXAMINATION	TEMPERATURE: HEIGHT (cms):	PULSE: WEIGHT (kg):
	BP:	RR: BMI:
SYSTEMIC EXAMINATION		
DIGANOSIS / SUMMARY OF THE FINDINGS		
MANAGEMENT		
INVESTIGATIONS	HEMOGLOBIN: BLOOD SUGAR: BLOOD GROUP:	URINE PROTEIN: URINE SUGAR:
ADVICE GIVEN		
FOLLOW UP		

5) NAME : Age / Sex..... Date of Visit.....

CHIEF COMPLAINTS		
PAST HISTORY		
PERSONAL HISTORY		
TREATMENT HISTORY		
IMMUNIZATION STATUS: COVID VACCINATION STATUS :	a)Single dose b)Double dose c) Booster	
GENERAL EXAMINATION	TEMPERATURE: HEIGHT (cms):	PULSE: WEIGHT (kg):
	BP:	RR: BMI:
SYSTEMIC EXAMINATION		
DIGANOSIS / SUMMARY OF THE FINDINGS		
MANAGEMENT		
INVESTIGATIONS	HEMOGLOBIN: BLOOD SUGAR: BLOOD GROUP:	URINE PROTEIN: URINE SUGAR:
ADVICE GIVEN		
FOLLOW UP		

6) NAME : Age / Sex..... Date of Visit.....

CHIEF COMPLAINTS		
PAST HISTORY		
PERSONAL HISTORY		
TREATMENT HISTORY		
IMMUNIZATION STATUS: COVID VACCINATION STATUS :	a)Single dose b)Double dose c) Booster	
GENERAL EXAMINATION	TEMPERATURE: HEIGHT (cms):	PULSE: WEIGHT (kg):
	BP:	RR: BMI:
SYSTEMIC EXAMINATION		
DIGANOSIS / SUMMARY OF THE FINDINGS		
MANAGEMENT		
INVESTIGATIONS	HEMOGLOBIN: BLOOD SUGAR: BLOOD GROUP:	URINE PROTEIN: URINE SUGAR:
ADVICE GIVEN		
FOLLOW UP		