



VELS



INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)

(Deemed to be University Estd. u/s 3 of the UGC Act, 1956)

PALLAVARAM - CHENNAI

ACCREDITED BY **NAAC** WITH '**A**' GRADE

Marching Beyond 30 Years Successfully

INSTITUTION WITH **UGC 12B** STATUS



Health Awareness Programme!!!

29.07.2024

Date: 16.07.2024

From,
Dr. P. Jagadeesan,
Professor & Head,
Department of Commerce (General)
VISTAS,
Pallavaram -117.

To,
The Registrar,
VISTAS,
Pallavaram
Chennai - 117.

The Department of Commerce (General) has proposed to conduct **HEALTH AWARENESS PROGRAMME** on 29.07.2024 at 11.00 A.M to 12.30 P.M in **shivalaya Auditorium, shivalaya block**. Kindly give the approval for the same.

DATE	29.07.2024
TIME	11.00 A.M to 12.30 P.M
PROGRAM	HEALTH AWARENESS PROGRAMME
TOPIC	Adolescent health advocacy
RESOURCE PERSON	DR. PADMAPRIYA BALARAMAN M.B.B.S, M.D. (obstetrics & Gynaecology)
PLATFORM	OFFLINE
VENUE	SHIVALAYA AUDITORIUM, SHIVALAYA BLOCK
HONORORIUM	Rs. 5000/-

Thanking You,

With Regards,

Dr. P. JAGADEESAN,
Professor & Head
Department of Commerce (General)

Submitted for approval
16/7/24

V. 16/7/24

Approved
K. S. N. 16/7/24

Dr. I. B. A.
Whether these types of
programme are needed
for NSSB purpose.
16/7/24

Yes, it would
be useful
S. A. 16/7/24



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INSTITUTE OF SCIENCE, TECHNOLOGY & ADVANCED STUDIES (VISTAS)
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PALLAVARAM - CHENNAI



School of Management Studies and Commerce Department of Commerce – General

Organizes Health Awareness Programme on ADOLESCENT HEALTH ADVOCACY

Date: 29th July 2024, Monday

Time: 11.00 A.M TO 12.30 P.M

Venue: Shivalaya Auditorium, Shivalaya Block

Guest of Honour



Dr. PADMAPRIYA BALARAMAN

M.B.B.S., M.D.
(Obstetrics & Gynaecology)

Dr. Ishari K. Ganesh,
Founder - Chancellor, VISTAS

Dr. A. Jothi Murugan
Pro Chancellor (P & D)
VISTAS

Dr. Arthi Ganesh
Pro Chancellor (Academics)
VISTAS

Dr. Preethaa Ganesh
Vice President,
Vels Group of Institutions

Dr. S. Sriman Narayanan
Vice Chancellor, VISTAS

Dr. M. Bhaskaran
Pro Vice Chancellor, VISTAS

Dr. P. Saravanan
Registrar, VISTAS

Dr. P. R. Ramakrishnan
Dean
School of Management
Studies & Commerce

Dr. Jayasree Krishnan
Director
School of Management
Studies & Commerce

School of Management Studies & Commerce

CONVENOR

Dr. P. Jagadeesan

Professor & Head of the Department

ORGANISING COMMITTEE

Dr. G. S. Maheswari

Professor

Dr. R.V. Suganya,

Asst. Professor

Dr. K. Kalaiselvi,

Asst. Professor

Dr. M. Vetrivel,

Associate Professor

Dr. A. Krishnan,

Associate Professor

Dr. S. Shashila,

Asst. Professor

Dr. P. Vijayashree,

Asst. Professor

Dr. Elumalai. D,

Asst. Professor

Dr. Kamilah Banu,

Asst. Professor

Dr. M. Mohana priya,

Associate Professor

Dr. S. Jayakani,

Associate Professor,

Dr. S. Vennila Fathima Rani,

Associate Professor

Dr. P. Vanitha,

Asst. Professor

Dr. Murugesan D,

Associate Professor

Dr. C. Chitra,

Associate Professor

Dr. P. Swathi Pradeepa,

Asst. Professor

Dr. V. Shanthi,

Asst. Professor

Dr. G.S. Dhanashree,

Asst. Professor

Dr. G. Mythili,

Asst. Professor

Dr. A. Sridevi,

Asst. Professor

WELCOME ADDRESS



Chennai, Tamil Nadu, India
X546+X52, Velan Nagar, Krishnapuram, Pallavaram, Chennai, Tamil Nadu 600043, India
Lat 12.957365°
Long 80.160186°
29/07/24 11:10 AM GMT +05:30



GUEST OF HONOUR



Chennai, Tamil Nadu, India
X555+2X7, Vels University Rd, Velan Nagar, Krishnapuram,
Chennai, Tamil Nadu 600043, India
Lat 12.957565°
Long 80.160025°
29/07/24 11:14 AM GMT +05:30



Chennai, Tamil Nadu, India
X555+2X7, Vels University Rd, Velan Nagar, Krishnapuram,
Chennai, Tamil Nadu 600043, India
Lat 12.957584°
Long 80.160017°



Chennai, Tamil Nadu, India
X555+2X7, Vels University Rd, Velan Nagar, Krishnapuram, Pallavaram,
Chennai, Tamil Nadu 600043, India
Lat 12.957562°
Long 80.160017°
29/07/24 11:14 AM GMT +05:30





Objectives of the seminar:

- **To make the students understand about the importance of Adolescent Advocacy**
- **To make the students clear about how it is useful for the young generation health**

Adolescent advocacy refers to efforts aimed at promoting the rights, well-being, and development of adolescents (typically those aged 10-19 years). This involves ensuring that young people have a voice in decisions that affect their lives, protecting their rights, and supporting them in overcoming challenges specific to their developmental stage.

Live Healthy



**DR. PADMAPRIYA BALARAMAN, M.B.B.S.,
M.D TO SHARE HER KNOWLEDGE AND
EXPERTISE WITH US.**

**HER DEDICATION AND VAST EXPERIENCE IN WOMEN'S
AND ADOLESCENT HEALTH MAKE HER AN INVALUABLE
RESOURCE FOR OUR DISCUSSION TODAY.**

**THE PROGRAMME CONDUCTED IN OFFLINE MODE
AROUND 300 STUDENTS JOINED IN THE MEETING WITH
20 TEACHING FACULTIES.**

**THE PRESENTATION WENT ON AROUND 1.30 MINUTES.
SHE ANALYSED VARIOUS ASPECTS IN ADOLESCENT
ADVOCACY**



OBJECTIVES

- **INCREASE AWARENESS: EDUCATE ADOLESCENTS, PARENTS, EDUCATORS, AND COMMUNITY MEMBERS ABOUT THE IMPORTANCE OF ADOLESCENT HEALTH AND THE SPECIFIC CHALLENGES FACED BY THIS AGE GROUP.**
- **PROMOTE HEALTHY BEHAVIORS: ENCOURAGE HEALTHY LIFESTYLES AMONG ADOLESCENTS, INCLUDING PROPER NUTRITION, PHYSICAL ACTIVITY, MENTAL HEALTH CARE, AND RESPONSIBLE SEXUAL BEHAVIOR.**
- **EMPOWER ADOLESCENTS: PROVIDE ADOLESCENTS WITH THE KNOWLEDGE AND TOOLS THEY NEED TO TAKE CONTROL OF THEIR HEALTH AND WELL-BEING, AND TO ADVOCATE FOR THEMSELVES AND THEIR PEERS.**
- **ENHANCE ACCESS TO SERVICES: RAISE AWARENESS ABOUT AVAILABLE HEALTH SERVICES, AND ADVOCATE FOR BETTER ACCESS TO HEALTHCARE, INCLUDING MENTAL HEALTH SERVICES, SEXUAL AND REPRODUCTIVE HEALTH SERVICES, AND PREVENTIVE CARE.**
- **ENGAGE STAKEHOLDERS: INVOLVE PARENTS, EDUCATORS, HEALTHCARE PROVIDERS, AND COMMUNITY LEADERS IN SUPPORTING ADOLESCENT HEALTH AND ADDRESSING THE BARRIERS THAT YOUNG PEOPLE FACE.**

ATTENDANCE RECORD



SCHOOL OF MANAGEMENT STUDIES AND COMMERCE			
DEPARTMENT OF COMMERCE (GENERAL)			
HEALTH AWARENESS PROGRAMME			
ATTENDANCE SHEET			
II B.COM	REG NO	STUDENT NAME	SIGNATURE OF THE STUDENT
1	23130001	Aadhithyan T	Aadhithyan T
2	23130002	Antony Prakasha Pragin A	Antony Prakasha Pragin A
3	23130003	A Rajesh	A Rajesh
4	23130004	Bharani S	Bharani S
5	23130005	Chandru K	Chandru K
6	23130006	Chandru S	Chandru S
7	23130007	Deva Kumar M	Deva Kumar M
8	23130008	Dhanasekaran L	Dhanasekaran L
9	23130009	Dharun Kumar S	Dharun Kumar S
10	23130010	Dhiviasree B	Dhiviasree B
11	23130011	Dibisek Kumar S	Dibisek Kumar S
12	23130012	Dillibabu A	Dillibabu A
13	23130013	Goutham R	Goutham R
14	23130014	Gowtham V	Gowtham V
15	23130015	Joy R	Joy R
16	23130016	Keerthana Venkatesan	Keerthana Venkatesan
17	23130017	Kishore D	Kishore D
18	23130018	Kishore Ragavendra R	Kishore Ragavendra R
19	23130019	Lilly Sudha R	Lilly Sudha R
20	23130020	Logeshwaran N	Logeshwaran N
21	23130021	Manish S	Manish S
22	23130022	Mohamed Rishan M	Mohamed Rishan M
23	23130023	Mukesh Babu R	Mukesh Babu R
24	23130024	Naveenkumar K G	Naveenkumar K G
25	23130025	Petchi Muthu K	Petchi Muthu K
26	23130026	Pooja G	Pooja G
27	23130027	Pradeep Kumar V	Pradeep Kumar V
28	23130028	Pratheep D S	Pratheep D S
29	23130029	Purushothaman R	Purushothaman R

30	23130030	Saran S	Saran S
31	23130031	Sathish M	Sathish M
32	23130032	Sathya Prakash K	Sathya Prakash K
33	23130033	Selzya S	Selzya S
34	23130034	Sona M	Sona M
35	23130035	Vignesh R	Vignesh R
36	23130036	Vijayan L K M	Vijayan L K M
37	23130037	Vishwa R K	Vishwa R K
38	23130038	Gowtham V M	Gowtham V M
39	23130039	Madhankumar K	Madhankumar K
40	23130040	Praveen Kumar R	Praveen Kumar R
41	23130041	Thamaraiselvan S	Thamaraiselvan S
42	23130042	Yogavanam C	Yogavanam C
43	23130043	Gokul L	Gokul L
44	23130044	Gokul B	Gokul B
45	23130045	Dhanishwar R	Dhanishwar R
46	23130046	Vinayaga Moorthy K	Vinayaga Moorthy K
47	2313047	Rahul Sanjeev. R	Rahul Sanjeev. R
48	23130101	Arul Shakthi N	Arul Shakthi N
49	23130103	Blessy P	Blessy P
50	23130104	Britto A	Britto A
51	23130105	Chandru D	Chandru D
52	23130106	Dhinakaran R	Dhinakaran R
53	23130107	Diksha S	Diksha S
54	23130108	Dinesh Kumar M	Dinesh Kumar M
55	23130109	Gilchrist Noel R	Gilchrist Noel R
56	23130110	Giritharan G	Giritharan G
57	23130111	Gokul S	Gokul S
58	23130112	Loganathan S	Loganathan S
59	23130113	Mathesh M	Mathesh M
60	23130114	Mohamed Nasrullah Khan B	Mohamed Nasrullah Khan B
61	23130115	Mohammed Zaid A H	Mohammed Zaid A H
62	23130116	Mugesh M	Mugesh M
63	23130117	Nisanth A	Nisanth A
64	23130118	Parthiban M	Parthiban M
65	23130119	Preeham Kumar Giri S	Preeham Kumar Giri S
66	23130120	Priyadharshan R	Priyadharshan R
67	23130121	Rafiq M	Rafiq M



ATTENDANCE RECORD

70	23130124	Sachin S	Sachin
71	23130125	Sandhya S	Sandhya
72	23130126	Sanjay J	Sanjay
73	23130127	Saravana Kumar M	Saravana Kumar
74	23130128	Shahira Banu A	A. Shahira Banu
75	23130129	Shakeer H	Shakeer
76	23130130	Sharukesh S	Sharukesh
77	23130131	Shashini V	V. Shashini
78	23130132	Sneka B	Sneka
79	23130133	Sushanth S	Sushanth
80	23130134	Velan V	Velan
81	23130135	Vignesh M	Vignesh
82	23130136	Vimal Raj A	Vimal Raj
83	23130137	Vinesh S	Vinesh
84	23130138	Vishal R	Vishal
85	23130139	Vishnu Priyan A R	Vishnu Priyan
86	23130140	Yamuna D	Yamuna
87	23130141	Yogeshwaran D	Yogeshwaran
88	23130142	Deepak Kumar D	Deepak Kumar
89	23130143	Mathesh Kannan K	Mathesh Kannan
90	23130144	Naveen M	Naveen
91	23130145	Santhosh D	Santhosh
92	23130146	Sathya Narayanan R	Sathya Narayanan
93	23130147	Yugadeesh A	Yugadeesh
94	23130433	Preamkumar V	Preamkumar
95	23130148	Akash S D	Akash
96	23130149	Sai Sabari M	Sai Sabari
97	23130150	Sowmiya S	Sowmiya
98		Jeswanth V	Jeswanth
99	23130102	Ashwin GJ	Ashwin
100	23130201	Balbina Alice M	Balbina
101	23130202	Dhayananth N	Dhayananth
102	23130203	Dinesh J	Dinesh
103	23130204	Elavarasan S	Elavarasan
104	23130205	Gajendran Choudhary S	Gajendran
105	23130206	Gowtham V	Gowtham

106	23130207	Harish S	Harish
107	23130208	Jaiganesh S	Jaiganesh
108	23130209	Jaisooriya J	Jaisooriya
109	23130210	Joseph K	Joseph
110	23130211	Kalaiarasi A	Kalaiarasi
111	23130212	Kamalesh D	Kamalesh
112	23130213	Kamesh S	Kamesh
113	23130214	Kingston S	Kingston
114	23130215	Mahendar N	Mahendar
115	23130216	Manohar K	Manohar
116	23130217	Mohammed Fazil H	Mohammed Fazil
117	23130218	Mohammed Suhail K	Mohammed Suhail
118	23130219	Arya Siddarth MP	Arya Siddarth
119	23130220	Mugaesh M	Mugaesh
120	23130221	Muhammed Apsara Jesmin A	Muhammed Apsara
121	23130222	Nagaraj R	Nagaraj
122	23130223	Naveen Kumar	Naveen Kumar
123	23130224	Nirmal Seervi J	Nirmal Seervi
124	23130225	Nirranjana V	Nirranjana
125	23130226	Nithish Kumar P	Nithish Kumar
126	23130227	Paramesh M	Paramesh
127	23130228	Prem Kumar	Prem Kumar
128	23130229	Rama Krishnan D	Rama Krishnan
129	23130230	Sakthi Kumar A	Sakthi Kumar
130	23130231	Sanjay R	Sanjay
131	23130232	Ariyan.S	Ariyan
132	23130233	Sharukesan D	Sharukesan
133	23130234	Shri Ganesh D	Shri Ganesh
134	23130235	Madhukaran S	Madhukaran
135	23130236	Nandha Kumar S	Nandha Kumar
136	23130237	Sonu Kori V	Sonu Kori
137	23130238	Srija G	Srija
138	23130239	Sumesh S	Sumesh
139	23130240	Surya N	Surya
140	23130241	Surya Narayanan S	Surya Narayanan
141	23130242	Vijesh Choudary	Vijesh Choudary
142	23130243	Vimal Raj D	Vimal Raj
143	23130244	Vinoth B	Vinoth



ATTENDANCE RECORD

144	23130245	Yadhavan E	<i>Yadhavan E</i>
145	23130246	Yogeshwar S	<i>Yogeshwar S</i>
146	23130247	Aravind S	
147	23130248	Asha L	<i>Asha L</i>
148	23130249	Charimathi	<i>Charimathi</i>
149	23130250	Jayaprakash J	<i>Jayaprakash J</i>
150	23130251	Saruhasan N	
151	23130252	Senthil M	<i>Senthil M</i>
152	23130253	Michael Christopher D	<i>Michael Christopher D</i>
153		Viswa B	
154	23130301	Agalya T	<i>Agalya T</i>
155	23130302	Aishwarya E	<i>Aishwarya E</i>
156	23130303	Aravind G	<i>Aravind G</i>
157	23130304	Arjun Kumar S	<i>Arjun Kumar S</i>
158	23130305	Aslwin R	<i>Aslwin R</i>
159	23130306	Avinash M S	<i>Avinash M S</i>
160	23130307	Girija S	<i>Girija S</i>
161	23130308	Gokulsai R	<i>Gokulsai R</i>
162	23130309	Harish R	<i>Harish R</i>
163	23130310	Hemavathi D	<i>Hemavathi D</i>
164	23130311	Jackson Mechathees Prasana S	<i>Jackson Mechathees Prasana S</i>
165	23130312	Jaya Sarathi G	<i>Jaya Sarathi G</i>
166	23130313	Jayasuriya S	<i>Jayasuriya S</i>
167	23130314	Josewin Daniel A	<i>Josewin Daniel A</i>
168	23130315	Kailai Nathan P	<i>Kailai Nathan P</i>
169	23130316	Karthikeyan M	<i>Karthikeyan M</i>
170	23130317	Keerthick V	<i>Keerthick V</i>
171	23130318	Kishore U	<i>Kishore U</i>
172	23130319	Lakshman S	<i>Lakshman S</i>
173	23130320	Loga Abinaya P	<i>Loga Abinaya P</i>
174	23130321	Madhumitha V	<i>Madhumitha V</i>
175	23130322	Manikandan K	<i>Manikandan K</i>
176	23130323	Meganathan D	<i>Meganathan D</i>
177	23130324	Mohaideen Feroz Rahuman J	<i>Mohaideen Feroz Rahuman J</i>
178	23130325	Monish V	<i>Monish V</i>
179	23130326	N Ajai	<i>N Ajai</i>
180	23130327	Niranjan A	<i>Niranjan A</i>
181	23130328	Niwetha R P	<i>Niwetha R P</i>

184	23130351	Ramana C P	<i>Ramana C P</i>
185	23130332	Rishi D	<i>Rishi D</i>
186	23130334	Sanjay Kumar S	<i>Sanjay Kumar S</i>
187	23130335	Sanjay Venkatesh C	<i>Sanjay Venkatesh C</i>
188	23130336	Sivadarshan J	<i>Sivadarshan J</i>
189	23130337	Sivasankar K	<i>Sivasankar K</i>
190	23130338	Vaishali M	<i>Vaishali M</i>
191	23130339	Yuvansanjay K	<i>Yuvansanjay K</i>
192	23130340	Deepan B	<i>Deepan B</i>
193	23130341	Jaikumar L	<i>Jaikumar L</i>
194	23130342	Mugesh B	<i>Mugesh B</i>
195	23130343	Sanjay Dev S	<i>Sanjay Dev S</i>
196	23130344	Sudharsan M	<i>Sudharsan M</i>
197	23130345	Surya R	<i>Surya R</i>
198	23130346	Yaseen Arfath Khan M	<i>Yaseen Arfath Khan M</i>
199	23130347	Akash V	<i>Akash V</i>
200	23130348	Krithish S	<i>Krithish S</i>
201	23130349	Jayakiruba V	<i>Jayakiruba V</i>
202	23130350	Narmadha Devi S	<i>Narmadha Devi S</i>
203	23130351	Subash B	<i>Subash B</i>
204		Sanjay Kumar R	<i>Sanjay Kumar R</i>
205	23130333	Sakthivel A	<i>Sakthivel A</i>
206	23130401	Ajay V	<i>Ajay V</i>
207	23130402	Akash N	<i>Akash N</i>
208	23130403	Alwyn Derrik D	<i>Alwyn Derrik D</i>
209	23130404	Anusuya P	<i>Anusuya P</i>
210	23130405	Arun Kumar S (05.06.2005)	<i>Arun Kumar S (05.06.2005)</i>
211	23130406	Arun Kumar S (19.01.2005)	<i>Arun Kumar S (19.01.2005)</i>
212	23130407	Aswathy J	<i>Aswathy J</i>
213	23130408	Bharath Kannan K	<i>Bharath Kannan K</i>
214	23130409	Bhavani S	<i>Bhavani S</i>
215	23130410	Divakar G	<i>Divakar G</i>
216	23130411	Gopi K	<i>Gopi K</i>
217	23130412	Hariharan N	<i>Hariharan N</i>
218	23130413	Jagathram P	<i>Jagathram P</i>
219	23130414	Jayachandran H	<i>Jayachandran H</i>



ATTENDANCE RECORD

130415	Kaviya R	Kaviya R.
130416	Kishore B	Kishore B.
130417	Michael Styris A	Michael Styris A.
130418	Nikhil Matthew J	Nikhil Matthew J.
130419	Pream Kumar R	Pream Kumar R.
130420	Prem Kumar U	Prem Kumar U.
130421	Purushothaman S	Purushothaman S.
130422	Rakesh S	Rakesh S.
130423	Shreemathi E	Shreemathi E.
130424	Subash Pritham M	Subash Pritham M.
130425	Suresh G	Suresh G.
130426	Sylash Kumar S	Sylash Kumar S.
130427	Thivakar S	Thivakar S.
130428	Thiyagarajan B	Thiyagarajan B.
130429	Vijay A	Vijay A.
130430	Yokeshwaran I	Yokeshwaran I.
130431	Akash S	Akash S.
130432	Jayaram P	Jayaram P.
130434	Sastha S	Sastha S.
130435	Rajiv B	Rajiv B.
130436	R Prasanna	R Prasanna.
130437	Santhosh I	Santhosh I.
130438	Sorna S	Sorna S.
130439	Nithish Kumar S	Nithish Kumar S.
130440	Rajkumar S	Rajkumar S.
130441	Swasthikan P	Swasthikan P.
	Mohamed Nafis I	Mohamed Nafis I.



GLIMPSES

